

California Community Colleges

## This College is 100% TOBACCO FREE

## NEED HELP QUITTING? Call 1-80-NO-BUTTS or check out these apps.



## FOR STUDENTS: "This is Quitting," Free on iPhone and Android



## FOR EVERYONE:

"Smokers Helpline" Free on iPhone and Android

@2018 California Youth Advocacy Network. This material was made possible with funds received from the California Department of Public Health, under contract #14-10013.